



The following program is being provided by Youth Advantage Buffalo – a highly respected youth development program that has provided hundreds of programs across WNY. Each program creates a safe, fun and confidence building atmosphere through encouragement, teamwork, sportsmanship and respect.

PROCESS Basketball Clinics EXTENDED is made up of:

#1.) A total of six ADDITIONAL 90-minute workouts (Wednesdays & Fridays) conducted by high quality basketball coaches. Each participant will be required to bring his/her own basketball, water bottle & protective mask.

These six ADDITIONAL 90-minute workouts will be at 5:00 PM-6:30 PM or 6:30 PM-8:00 PM on Wednesdays & Fridays and held at THE HUB at 4999 McKinley Parkway at Watermark Wesleyan Church (formerly Wesleyan Church of Hamburg).

PROCESS Basketball Clinics place emphasis on shooting, post play, offensive & defensive rebounding, footwork, passing, ball handling, moving without the ball, setting & using screens, and pick & roll.

Support also provided by Watermark Wesleyan Church, The Wellness Institute of WNY, Victory Global Sports Outreach, Kingdom Bound Ministries, WNY Christian Basketball League.

PROCESS Basketball Clinics – EXTENDED

Boys & Girls Ages 8-18

This in-depth basketball training program is designed for the dedicated basketball player looking to advance their skills to the highest level while building critical position-specific skills that can be used on and off the court. Participants should wear shorts, sneakers, and bring a mask, basketball & water.

Session #1 - 5:00 pm - 6:30 pm

Session #2 - 6:30 pm - 8:00 pm

Wed Oct 14th - Fri Oct 16th

Wed Oct 21st - Fri Oct 23rd

Wed Oct 28th – Fri Oct 30th

Six Workouts

Cost: \$75/athlete



Register & Pay On-Line: <https://form.jotform.com/202825432780151>

For more information, call Russ Kingsbury @ 716.602.7546